



Daydreaming at Night Quilt Pattern

Finished Size: 60" x 60"

Skill Level: Intermediate to Advanced

Techniques Used: Quarter Square Triangles (QSTs), curved piecing or appliqué, strip piecing

Disclaimer: This quilt design was made by someone who has never made a quilt. Please only attempt if you are a successful quilter or are up for a challenge! Also, please take a moment to refer to the quilt pattern, fabric list and instructions so that you may make any necessary changes before starting this endeavor. I wish you luck and hope you enjoy your beautiful new Psyche Inspired quilt!

Project Overview

The Daydreaming at Night Quilt is a bold, geometric design built around a central circular medallion with four surrounding semicircle forms, inspired by the Psyche Mission logo. This quilt can be constructed using either curved piecing (more advanced) or appliqué (recommended for accuracy and ease).

Fabric List

Background Fabric (light/white): 3.75 - 4 yards

Light Warm Fabrics (yellows/peaches): 1.5 - 2 yards

Medium Fabrics (orange/coral): 1.5 - 2 yards

Dark Fabrics (burgundy/plum): 1.75 - 2 yards

Binding: 0.5 yard (or 7 strips, 2.5" × WOF)

Backing: 3.75 yards (or wide backing)

Batting: 64" × 64"

Cutting Instructions

Quarter Square Triangle (QST) Units

Cut (40) 7.75" squares from mixed/color fabrics

Curved Rings

Cut (8–10) strips 1.5" × WOF (inner rings)

Cut (8–10) strips 2.5" × WOF (outer rings)

Corner Panels

Cut (20) strips 2.5" × WOF

Binding

Cut (7) strips 2.5" × WOF

Step 1: Make Half Square Triangles (HSTs)

Pair one background square with one colored square, right sides together
Draw a diagonal line corner to corner
Sew $\frac{1}{4}$ " on both sides of the line
Cut along the drawn line
Press seams toward the darker fabric
You will now have HST units.

Step 2: Make Quarter Square Triangles (QSTs)

Pair two HST units with opposite colors touching
Nest seams and align carefully
Draw a diagonal line perpendicular to the existing seam
Sew $\frac{1}{4}$ " on both sides
Cut along the line and press open
Trim each unit to 6.5" unfinished (6" finished)

Step 3: Build the Center Medallion

Arrange 16 QST units into a 4 × 4 grid
Sew blocks into rows, then join rows into a square
Square the block carefully

Create the Circle:

Option A (recommended): Cut a 24" diameter circle from the block and appliqué onto a background square

Option B: Use curved piecing to set the circle into a square

Finished medallion: 24" × 24"

Step 4: Build the Side Blocks

Repeat the process to create 4 additional 4 × 4 QST blocks (16 QSTs each)
Trim each block into a semicircle or partial circle shape
Mount or appliqué onto background squares
Each block should finish at approximately 24" square

Step 5: Create the Curved Rings

Join your 1.5" strips end-to-end to create long lengths

Repeat with 2.5" strips

Finished widths:

1.5" strips → 1" finished

2.5" strips → 2" finished

Shape into gentle arcs

Attach around the medallion using:

Curved piecing (advanced), OR Appliqué (recommended)

Step 6: Assemble the Quilt Center

Lay out blocks in a cross formation:

[Top]
[Left] [Center] [Right]
[Bottom]

Sew blocks into rows

Join rows together

Press seams outward

Step 7: Create and Attach Corner Panels

Sew 2.5" strips into diagonal strip sets

Subcut into large triangles

Assemble 4 corner panels, each at least 18" × 18"

Attach panels to fill the four corners of the quilt top.

Step 8: Square the Quilt

After attaching corner panels, trim the quilt evenly

Final quilt size: 60" x 60"

Step 9: Quilt the Layers

Layer backing (right side down), batting, and quilt top (right side up)
Baste using preferred method

Recommended quilting:

Echo quilting following curved rings

Straight-line quilting in corner sections

Stitch-in-the-ditch around major seams

Step 10: Binding

Join binding strips end-to-end

Press in half lengthwise

Attach to quilt front with ¼" seam

Fold over to back and stitch down

Finishing Notes

Press seams toward darker fabrics whenever possible

Square blocks frequently to maintain accuracy

Appliqué is highly recommended for smooth curves

This pattern is ideal for scrappy fabric combinations or gradient color palettes

Refer to the Psyche Mission logo for color placement to make a truly Psyche Inspired quilt!